



# Cygnet Springside

Autism and Asperger's Syndrome Services

## Aiming High For Disabled Children



The **Cygnet Springside** Services in Stockport are working in Partnership with **Cheshire East Aiming High for Disabled Children** to provide specialised short break services for children and young people with **autism and Asperger's syndrome**.

- **Who can access the service?**

*Children and young people who live in Cheshire East aged from 5-18 (up to the day before their 19<sup>th</sup> birthday) who have a diagnosis of autism or Asperger's syndrome.*

- **What does Springside do?**

*Springside helps young people access activities and community settings whilst supporting them in developing their communication, social and independence skills. While the young person enjoys sessions tailored to their needs, parents/carers get a well-deserved break from caring and some time to themselves.*



## Find out more about accessing the Springside Services

For more information on how to access the Cygnet Springside Outreach service, or just to find out more, please contact our **Outreach Manager, Alison Booth**:

**Tel:** 0161 443 4060

**Email:** [alisonbooth@cygnethealth.co.uk](mailto:alisonbooth@cygnethealth.co.uk)

**Website:** [www.cygnethealth.co.uk/locations/stockport](http://www.cygnethealth.co.uk/locations/stockport)

**Address:** Cygnet Springside, Brownsville Road, Heaton Moor, Stockport, SK4 4PE



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