

WHAT'S GOING ON AT FRIENDS FOR LEISURE?

Promoting everyday friendship and leisure opportunities for disabled children and young people aged 5-21 in Cheshire East.

February half term 2021



**Friends
for Leisure**

www.friendsforleisure.org.uk

Because everyone needs a friend

**ALL SESSIONS
WILL BE HELD
VIRTUALLY
ON ZOOM**

Please contact hannah@friendsforleisure.org.uk for more information and to receive zoom links.



FAMILY DISNEY WORKOUT

A simple, fun aerobics workout for all the family with Beckie Morley. **Prize for the best Disney fancy dress!**

Monday 15th February | 5.45pm-6.45pm



MINDFULNESS ART WORKSHOP

Join a calming virtual art workshop with Jess from The Sea Within

Wednesday 17th February | 11am-midday



DRAMA FUN & GAMES

Meet drama teacher Becky and play along with some drama themed games.

Tuesday 16th February | 1.30pm-2.30pm



VIRTUAL MAGIC SHOW

Join FFL and Nick Barnes for a fun magic show full of tricks!

Wednesday 17th February | 2pm-3pm



EXOTIC ANIMAL ENCOUNTER

Join Zoo 2 U and learn about a range of exotic animals.

Tuesday 16th February | 5pm-6pm



MUSICAL MINDS

Look back at your favourite music and the memories attached to them. Workshop lead by DJ and trained counsellor Spencer from Inner Trust.

Thursday 18th February | 1pm-2pm

Please note: All our activities are for young people who are registered with FFL. If you are not already registered or know someone who would like to attend please visit our website.

www.friendsforleisure.org.uk | 01260 275333 | info@friendsforleisure.org.uk

**Siblings welcome at
our holiday activities.**

**Even if they
are annoying
and smelly!**

Did you know?

During term-time, Friends for Leisure are still running most of our youth group activities.

At the moment, they are all being held virtually on zoom. Please get in touch with us if you would like to know more or need some help in navigating zoom.

MONDAYS

Virtual drama
with trained drama
teacher Becky.

Every week
6.30-7.30pm

Do you live in a different part of Cheshire East to a group you would like to attend?

Whilst we are running virtually, this is fine and you are welcome to attend.

TUESDAYS

Crewe Juniors
(for all registered young people
aged 8-13).

Every other week
6.00-7.30pm

Crewe Youth Group
(for all registered young
people aged 14-21).

Every other week
6.30-8pm

WEDNESDAYS

Macclesfield youth group
(for all registered young people
aged 11-21).

Every other week
6.30-8pm

THURSDAYS

CYG/Congleton Youth Group
(for all registered young people
aged 8-14).

Every other week
5.00-6.30pm

Congleton 15 Up
(for all registered young
people aged 15-21).

Every other week
6.30-8pm



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SATURDAYS

Crewe Saturday Club
(for all registered young people
aged 5-21).

Open to all areas of Cheshire
East whilst running virtually.

Every other week
10.00-11.15am

Want to know more?

Contact info@friendsforleisure.org.uk
or ring 01260 275333



COVID-19 UPDATE: Due to current events most of our staff are working from home. Any missed calls to the office will be dealt with asap if a voicemail is left.

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