

Friends for Leisure



**Please consider
leaving us a legacy
in your will**

www.friendsforleisure.org.uk



Friends for Leisure. Friends for Life.

Friends for Leisure is a charity, local to the borough of Cheshire East, which provides opportunities for disabled children and young people to take part in the everyday activities from which they are often excluded.

Disabled young people can have a tough time coping with today's world. Often, they need to travel some distance to school or college, which means that their friends may live many miles away. Often, they are very tired after a long day.

We have 240 disabled young people registered with Friends for Leisure. 135 of them attend our group activities in a year and 40 are supported by volunteers to take part in community activities. There are 100 young people on our volunteer team.

Parents may not have the time or opportunity to accompany their disabled children to activities.

Organised activities such as Girl Guides, sometimes don't have the resources needed to enable disabled children to be fully included.

Disabled young people often spend many hours alone, not mixing socially, not developing their social skills and leading very isolated lives.

"The support our son is receiving from Friends for Leisure is ...fantastic and is really making a difference already. We are very grateful to both our son's "Buddy" and Friends for Leisure. It has also made me more hopeful of the things that our son may achieve with the right support."



Leaving a legacy to Friends for Leisure will help us to continue our work with young people now, and in the future.



Friends for Leisure offers youth groups, holiday activities, drama and bowling sessions for their registered young people.

They can provide a young volunteer “buddy” to accompany a young person to their chosen everyday activity.

Other volunteers (known as one-to-ones) befriend a young person and spend time with them doing the things that others take for granted. This can be as simple as taking the dog for a walk, going shopping, to the cinema or for a coffee.

It is so valuable to a disabled young person who may not go out at all otherwise, and to their families who see their young person happily growing in confidence.

We can only continue with the generous support of the public. We rely on gifts and donations from our supporters to continue offering leisure and friendship opportunities to our young people.

“as a family, we appreciated the empathy.
We felt we weren’t the only family with problems”

Make a Will. Leave a Legacy.

Your will is one of the most important documents you will ever sign, so we strongly recommend that you ask for advice from a professional.

You may like to consider including support for a charity such as Friends for Leisure

Types of bequest

- 1 Pecuniary legacy**
A gift of a set amount of money.
 - 2 Residual legacy**
A gift of all or part of your estate after all other costs and gifts have been paid.
 - 3 Specific legacy**
This could be a particular item, such as a piece of jewellery.
- ? At the end of this booklet, there are some questions that it is worth considering before you go to see a solicitor and they will help you decide what you want you want to put in the will.**

“how we love our one-to-one. She is lovely, wise beyond her years. Very gentle, intuitive and so good with our son”



Writing or changing your will.

Wherever you are in your life, if you have any property, including money, it is worth considering who you would like to receive it.

You may already have a will and your circumstances may have changed or you may have changed your mind about the contents. If so, you could consider changing the will.

At this point, you could consider making a bequest to a charity dear to your heart. If you just have small changes to make, this can be done by adding a codicil, which specifies these changes to your will.

“we are thinking of the future. We try to get him out there as much as possible”

“[disabled children] can be segregated, and Friends for Leisure makes it possible for them to join in the mainstream, Whatever the child wants to do, Friends for Leisure makes it possible”

Things to consider before you see your solicitor

- **Names and addresses of all your children and other dependents.** If any are under 18 years old, you could think about who you would like to be their guardians.
- **Names and addresses of your executor(s)**—the people who will make sure your wishes are carried out. If any beneficiaries are currently under 18, you will also need to appoint your executors as trustees and you will need to appoint at least two of them.
- **Take any previous will to your solicitor** so that this can be destroyed after your new will has been signed.
- **What are your assets?** These will be the really big things, such as your house. Include information about your bank accounts and investments. You need to make a list of valuable personal possessions and who you would like to receive them.
- **Fixed sums of money** that you want to give to particular people.
- **What you would like to happen to the residual estate,** that is, what is left over after all other gifts and costs have been paid.
- Anything else for your solicitor to know about.
- If you have no close family you may consider making charitable donations rather than having your estate pass to the Crown or distributed under the laws of intestacy.

“she’s a human being, equal rights to do everything that others do. [Disabled] people enrich the lives of others, the community benefits”



tinsdillsolicitors

This leaflet has been sponsored by Tinsdills Solicitors

Telephone: 01782 652 300 | **Email:** lawyers@tinsdills.co.uk

thrive[®]

Designed and supported by Thrive Creative

Telephone: 01260 281 546 | **Email:** hello@thrive-creative.co.uk



Albert Chambers, Canal Street, Congleton, CW12 4AA

Telephone: 01260 275 333 | **Email:** info@friendsforleisure.org.uk
www.friendsforleisure.org.uk

Company Registered in England and Wales.

Registered Charity Number 1068991 | Registration Number 3508369



LOTTERY FUNDED